

## **Emergency/Crisis Contacts**

### **Dial 911**

**For threats of immediate or imminent harm**

### **Mental Health**

911 Emergencies

988 for Suicide and Crisis Lifeline

Suicide Prevention (800) 273-8255 or Text: teen2teen 4pm-10pm at #839863

Multnomah County Crisis Line

(503) 988-4888

Washington County Crisis Line -

(503) 291-9111

Clark County Crisis Line-

(360) 696-9560

Clackamas County Crisis Line

(503) 655-8585

### **Domestic Violence**

The National Domestic Violence Hotline

1800-799-SAFE

Text "START" to 88788

<https://www.thehotline.org/get-help/>

Domestic Violence Resource Center

24-Hour Crisis Line: 503-469-8620 | 1-866-469-8600

### **Sexual Assault**

National Sexual Assault Hotline

1800-656-4673

Chat online at:

online.rainn.org

Sexual Assault Resource Center

(503) 626-9100